

# project.ME

Policy No: 11- Certified Peer Required Training Policy  
Effective Date: 10.01.2022

The policies and procedures detailed herein govern project.ME-FW, Incorporated ("project.ME") RAD Team Peer Recovery Coach (PRC) Team & the Harm Reduction Street Outreach (HRSO) program which include the components associated with required training for project.ME Certified Peers.

## Target Population

project.ME PRC and HRSO services are aimed to offer resources, information, education, support, and tools to people who use drugs, individuals in recovery from drug use and/or incarceration, loved ones & support persons of people who use drugs and incarcerated individuals, as well as members of the community.

## Definition of Substance Use Disorder

We will be following DSM V criteria for substance use disorder (SUD):

SUD CRITERIA	<ol style="list-style-type: none"><li>1. Using more of a substance than intended or using it for longer than you're meant to.</li><li>2. Trying to cut down or stop using the substance but being unable to.</li><li>3. Experiencing intense cravings or urges to use the substance.</li><li>4. Needing more of the substance to get the desired effect — also called tolerance.</li><li>5. Developing withdrawal symptoms when not using the substance.</li><li>6. Spending more time getting and using drugs and recovering from substance use.</li><li>7. Neglecting responsibilities at home, work, or school because of substance use.</li><li>8. Continuing to use even when it causes relationship problems.</li><li>9. Giving up important or desirable social and recreational activities due to substance use.</li><li>10. Using substances in risky settings that put you in danger.</li><li>11. Continuing to use despite the substance causing problems to your physical and mental health.</li></ol>
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## Certified Peer Required Training

### By 90 days of employment

- 6-Day Certified Peer Support Professional (CPSP) **OR** 5-Day CPRC Training
- Peer Recovery Ethics Training, if CPRC
- Motivational Interviewing Training
- Naloxone Administration Training
- Principles of Harm Reduction
- **MUST COMPLETE ALL NECESSARY STEPS AND SIT FOR EXAM BY 90 DAYS OF EMPLOYMENT**

### By 180 days of employment

- HIV/AIDS Training
- Adverse Childhood Experiences (ACES) Training
- Implicit Biases Training
- Harm Reduction Specialist (HRS) Certification
- Trauma-Informed Care Training
- QPR-Question Persuade Refer (**REQUIRED** for 211 Line)
- MHFA-Mental Health First Aid (**REQUIRED** for 211 Line)
- WRAP I

- When funding is available, required training that is not available to attend at no charge will be paid for by project.ME.
- Relevant training outside of those required are permitted to be attended with prior approval from your supervisor.

I sign this document in acknowledgement of my understanding of the project.ME Certified Peer Required Training policies and procedures:

PRC \_\_\_\_\_ date \_\_\_\_\_

Supervisor \_\_\_\_\_ date \_\_\_\_\_